

### Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	523	Carina Fierek	Lauffreunde HADI Wesel	TW40	1	0:45:30 (25)	2:31	2:33:23 (1)	1:16	1:19:08 (1)	4:41:48
2	472	Anna Keuter	TRC essen	TW30	1	0:35:36 (5)	2:07	2:40:57 (4)	1:06	1:28:42 (2)	4:48:28
3	418	esther Exterkate		TW35	1	0:38:08 (9)	2:48	2:40:35 (3)	1:45	1:29:37 (3)	4:54:53 *
4	457	Birgit Querdel	Starlight-Team-Essen	TW45	1	0:32:40 (3)	2:02	2:43:29 (6)	1:26	1:38:00 (5)	4:57:36
5	445	Angela Tempesta	AS Neukirchen-Vluyn	TW35	2	0:32:05 (2)	2:00	2:39:12 (2)	1:13	1:43:10 (8)	4:57:39
6	438	Tetiana Zavediuk		TW35	3	0:36:41 (7)	3:18	2:47:34 (9)	1:57	1:32:04 (4)	5:03:33 *
7	363	Rebekka Ott	LanakilaRacers	TW35	4	0:31:01 (1)	1:44	2:43:39 (7)	1:43	1:48:37 (11)	5:06:44
8	483	Moniek Vervoort-Munneke	TV Arnhem	TW35	5	0:33:45 (4)	2:01	2:43:16 (5)	1:36	1:49:47 (15)	5:10:25
9	307	Ellen Scheer	Allround Triathlon Team Kleve	TW45	2	0:39:54 (17)	2:44	2:48:21 (10)	1:02	1:40:33 (7)	5:14:34 *
10	481	Anastasia Yayz	Starlight-Team-Essen	TW30	2	0:40:52 (18)	2:04	2:54:39 (17)	1:18	1:40:02 (6)	5:18:55
11	338	Elena Wissing	Triathlon Team Düsseldorf	TW25	1	0:36:51 (8)	1:28	2:50:40 (12)	1:24	1:49:11 (12)	5:19:32
12	397	Bianca Piek		TW40	2	0:44:09 (23)	3:06	2:47:23 (8)	1:41	1:47:09 (10)	5:23:28
13	487	Marjan van Galen	RTC Den Haag	TW50	1	( )		2:52:41 (13)	1:44	1:46:44 (9)	5:25:03
14	440	Angelique Vrijdag		TW50	2	0:41:54 (20)	3:42	2:52:52 (14)	1:45	1:49:31 (14)	5:29:44
15	405	Marije Engels	RTC Den Haag	TW45	3	0:39:50 (16)	2:56	2:49:43 (11)	1:26	1:56:09 (19)	5:30:03
16	509	Susan Boode	TtvW	TW45	4	0:39:49 (15)	2:31	2:55:08 (19)	0:56	1:53:26 (17)	5:31:50
17	478	Ingrid König	SC Altenrheine	TW60	1	0:44:52 (24)	3:30	2:54:19 (16)	1:24	1:49:25 (13)	5:33:30
18	301	Julia Werner	Bocholter Wassersportverein 1920 e.V.	TW45	5	0:38:27 (12)	3:09	2:54:46 (18)	2:26	1:56:18 (20)	5:35:05
19	401	Alexandra Heimann	Starlight-Team-Essen	TW50	3	0:43:14 (22)	3:26	2:55:22 (20)	2:27	1:55:37 (18)	5:40:06
20	522	Britta Holthaus	ETuS Rheine e.V.	TW45	6	0:42:05 (21)	3:44	2:55:35 (21)	1:55	2:02:25 (24)	5:45:43
21	498	Sanne Velthuis	RTC Den Haag	TW35	6	0:38:18 (10)	3:23	3:08:30 (30)	3:13	1:53:00 (16)	5:46:24
22	351	Ingrid van der Elst	Allround Triathlon Team Kleve	TW55	1	0:38:31 (13)	3:07	2:57:55 (25)	2:03	2:08:17 (29)	5:49:52
23	510	Dörte Kaiser	Team essen 99	TW50	4	0:47:41 (27)	3:42	2:57:52 (24)	4:31	1:58:25 (22)	5:52:11
24	412	Carmen Feldmann	Duisburger Schwimmverein 1998	TW45	7	0:49:00 (28)	3:32	3:05:40 (28)	1:50	1:58:06 (21)	5:58:07
25	366	Marie-Christine Pöttgen	HSP Triathlon Münster	TW20	1	0:38:23 (11)	2:09	3:07:58 (29)	1:13	2:09:00 (31)	5:58:43
26	424	Martina Jungesblut	TuS 09 Erkenschwick	TW50	5	0:41:50 (19)	5:36	3:02:59 (27)	7:09	2:04:50 (26)	6:02:24
27	441	Sabine Casimir		TW55	2	0:46:01 (26)	3:15	2:57:25 (23)	2:59	2:13:20 (32)	6:03:00

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	456	Ruth Kotte	ETuS Rheine	TW50	6	0:55:51 (34)	2:32	2:59:01 (26)	2:10	2:03:50 (25)	6:03:23
29	330	Jasmin Klose	Triathlon Team Düsseldorf	TW35	7	0:50:25 (31)	5:00	3:11:20 (32)	4:34	2:00:24 (23)	6:11:43
30	425	Natalie Brik	RTC Den Haag	TW25	2	0:50:19 (30)	2:58	3:09:31 (31)	2:10	2:07:22 (28)	6:12:20
31	320	Marleen Robbemont	Allround Triathlon Team Kleve	TW60	2	0:50:57 (32)	3:17	3:15:28 (34)	1:54	2:06:48 (27)	6:18:23
32	332	Jutta Traser	Power & Pace	TW55	3	0:49:29 (29)	6:51	3:27:01 (35)	4:20	2:08:51 (30)	6:36:31
33	501	Elvira Suck	TV Einigkeit Langenberg	TW60	3	0:57:28 (35)	4:24	3:50:20 (36)	3:03	2:21:14 (33)	7:16:29
34	346	Jenny Engels	Ute Mückel Triathlon e.V.	TW40	3	0:53:15 (33)	4:05	3:14:14 (33)	3:16	3:07:43 (34)	7:22:33

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	524	Stefan Werner	Bocholter Wassersportverein 1920 e.V.	TM45	1	0:30:30 (6)	1:30	2:07:21 (5)	1:05	1:21:47 (4)	4:02:12
2	303	Florian Kaiser	Duisburger SV98 Triathlon Team	TM35	1	0:30:32 (7)	1:47	2:13:22 (6)	1:14	1:22:10 (5)	4:09:06
3	356	Sven Gerhards	RWO Endurance Team	TM35	2	0:28:12 (4)	1:48	2:20:45 (11)	1:07	1:17:54 (2)	4:09:46
4	377	Moritz Pohl	SC Bayer 05 Uerdingen	TM25	1	0:27:15 (1)	1:13	2:24:02 (16)	0:51	1:29:30 (16)	4:22:51
5	528	Philipp Mackeprang		TM35	3	0:33:54 (31)	2:09	2:17:43 (9)	1:36	1:28:17 (14)	4:23:40
6	345	Sander Van Dijk	RTC Den Haag	TM35	4	0:34:09 (32)	2:09	2:31:49 (38)	1:32	1:16:37 (1)	4:26:15
7	364	Florian Adami	Tri-Team Freiburg	TM35	5	0:27:51 (2)	1:35	2:29:39 (30)	1:03	1:26:24 (8)	4:26:31
8	499	Sebastian Kusch	Tri Club Wuppertal	TM35	6	0:33:25 (26)	1:48	2:27:56 (26)	1:16	1:22:36 (6)	4:27:01
9	353	Mathieu Pohl		TM30	1	0:32:40 (14)	2:50	2:21:31 (13)	1:56	1:29:34 (17)	4:28:30
10	466	Kevin Kleine-Bley	TriFinish Münster	TM30	2	0:33:25 (25)	2:38	2:18:32 (10)	1:17	1:33:58 (25)	4:29:50
11	382	Merlin Gajewski	SC Bayer 05 Uerdingen	TM35	7	0:33:39 (29)	1:23	2:24:35 (19)	1:23	1:30:45 (20)	4:31:46
12	359	Ludger Kölven	Moerser TV Triathlon	TM45	2	0:33:33 (27)	2:19	2:22:31 (14)	1:15	1:34:58 (26)	4:34:35
13	396	Jörn Strümpel	VT Triangel Kempen	TM45	3	0:34:58 (35)	1:31	2:24:56 (21)	1:06	1:32:19 (22)	4:34:50
14	527	Oliver Munnes	Duisburger SV98 Triathlon Team	TM40	1	0:34:55 (34)	2:52	2:31:13 (36)	1:12	1:24:46 (7)	4:34:58
15	365	Andre Winkelhorst		TM45	4	0:39:23 (63)	2:45	2:25:09 (22)	0:56	1:26:50 (10)	4:35:04
16	495	Frank Schuster	Reeser SC Triathlon	TM35	8	0:31:23 (11)	2:14	2:33:13 (40)	1:01	1:27:16 (12)	4:35:06

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
17	375	Michael Oudijn	RTC Den Haag	TM35	9	0:31:26 (12)	1:22	2:17:32 (7)	1:22	1:43:39 (50)	4:35:20
18	306	Bas Goossens	Woest	TM40	2	0:35:38 (43)	3:14	2:17:37 (8)	1:50	1:37:09 (33)	4:35:29
19	354	Arne Eschenbach	Styrmer TV	TM40	3	0:31:06 (10)	3:07	2:24:08 (17)	1:47	1:35:32 (28)	4:35:41
20	430	Björn Esser	TRC Essen 84	TM40	4	0:35:39 (44)	2:23	2:29:03 (28)	1:28	1:28:38 (15)	4:37:10
21	442	Bernard Hilferink		TM50	1	0:31:06 (8)	1:24	2:31:18 (37)	2:16	1:32:03 (21)	4:38:07
22	368	Georg Düll	Team Zoot Europe	TM50	2	0:39:56 (70)	2:54	2:27:09 (24)	1:40	1:27:02 (11)	4:38:42
23	526	Martijn Gerritsen	TVA Arnhem	TM35	10	0:31:06 (9)	3:01	2:24:48 (20)	1:54	1:38:40 (35)	4:39:29
24	310	Jörg Wagner	Tri-AS Hamm	TM50	3	0:32:41 (16)	2:01	2:27:15 (25)	1:46	1:36:54 (32)	4:40:38
25	403	Christof Lange	Team Essen 99	TM50	4	0:39:58 (71)	2:42	2:30:44 (35)	1:18	1:28:02 (13)	4:42:45
26	308	Hanno Sancken	TV Werne 03 Wasserfreunde e.V.	TM20	1	0:33:24 (24)	1:44	2:38:13 (54)	1:41	1:30:25 (19)	4:45:28
27	374	Christian Silkenbeumer	BSG Berufsfeuerwehr Münster	TM35	11	0:38:24 (57)	2:54	2:29:20 (29)	1:11	1:33:40 (23)	4:45:29
28	372	Chris Zimmermann	Tri Club Wuppertal	TM35	12	( )		2:24:18 (18)	1:30	1:45:46 (56)	4:45:33
29	449	Maarten Bach	RTC Den Haag	TM40	5	0:35:31 (42)	2:07	2:30:42 (34)	2:02	1:36:27 (30)	4:46:50
30	485	Diego Fort		TM40	6	0:35:08 (37)	2:10	2:34:11 (42)	1:40	1:35:02 (27)	4:48:11
31	480	Björn Jansen	Sportfreunde 97/30 Lowick e.V.	TM40	7	0:41:59 (86)	3:35	2:42:19 (72)	1:37	1:19:42 (3)	4:49:12
32	459	Christian Storzer	RWO Endurance Team	TM50	5	0:33:03 (19)	2:29	2:45:29 (77)	1:39	1:26:50 (9)	4:49:29
33	450	Marc Altena	TC Twente	TM40	8	0:32:06 (13)	1:43	2:26:50 (23)	1:41	1:48:07 (58)	4:50:28
34	340	Maarten Peters	sports planet Tri Team	TM50	6	0:32:44 (17)	2:11	2:28:16 (27)	2:43	1:45:11 (54)	4:51:04
35	525	Thomas Wirth	Triathlon Team Düsseldorf	TM45	5	0:39:26 (64)	2:56	2:30:24 (32)	1:15	1:37:52 (34)	4:51:53
36	409	Sander Giezen	Triathliem	TM50	7	0:38:16 (54)	2:59	2:30:16 (31)	2:31	1:40:13 (38)	4:54:15
37	394	Matthias Schierbaum	SV Blau-Weiß Bochum	TM45	6	0:37:21 (51)	2:01	2:30:25 (33)	1:38	1:44:00 (51)	4:55:24
38	305	Marius Felecan	Bocholter Wassersportverein 1920 e.V.	TM40	9	0:32:50 (18)	3:06	2:38:06 (52)	1:32	1:40:32 (40)	4:56:06
39	337	Robert Achatz	Triathlon Team Düsseldorf	TM45	7	0:40:16 (74)	2:37	2:36:40 (47)	1:26	1:35:46 (29)	4:56:45
40	444	Joost van Roosmalen	RTC Den Haag	TM30	3	0:43:55 (103)	3:10	2:39:05 (57)	1:27	1:30:20 (18)	4:57:56
41	484	Lukas Mersch		TM40	10	0:36:02 (45)	2:45	2:37:17 (51)	1:19	1:40:37 (41)	4:57:59
42	370	Christoph Querdel	Starlight-Team-Essen	TM45	8	0:39:53 (69)	2:25	2:39:25 (60)	1:24	1:36:41 (31)	4:59:47
43	391	Yorick Peters		TM30	4	0:35:02 (36)	2:52	2:39:13 (58)	1:48	1:42:51 (46)	5:01:46
44	517	Roel van der Aart	Triatliem Didam	TM45	9	0:35:14 (39)	3:03	2:41:44 (69)	1:30	1:41:27 (43)	5:02:57

### Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
45	452	Andreas Thünen	Hamminkelner SV	TM40	11	0:36:11 (46)	2:39	2:33:50 (41)	2:00	1:49:25 (63)	5:04:04
46	479	Guido Klein-Hitpaß	TSV Bocholt	TM50	8	0:44:12 (107)	2:42	2:32:30 (39)	1:39	1:43:34 (49)	5:04:37
47	463	Mike Schieder	AS Neukirchen-Vluyn	TM50	9	0:42:50 (93)	2:06	2:36:20 (46)	1:25	1:43:25 (48)	5:06:05
48	415	Ilja Simon		TM40	12	0:41:52 (84)	3:37	2:34:15 (43)	1:44	1:42:43 (45)	5:06:12 *
49	329	Lucas Sauerborn	RWO Endurance Team	TM30	5	0:33:12 (21)	3:38	2:48:14 (83)	1:54	1:39:53 (37)	5:06:50
50	447	Denis Olschok		TM30	6	0:43:28 (101)	3:56	2:42:54 (73)	2:54	1:33:55 (24)	5:07:06
51	436	Kaspar Straathof	RTC Den Haag	TM40	13	0:37:14 (50)	2:44	2:34:27 (44)	1:49	1:51:03 (68)	5:07:17
52	437	Ed de Niet	RTC Den Haag	TM50	10	0:43:08 (97)	5:52	2:37:11 (50)	2:56	1:39:08 (36)	5:08:16
53	492	Udo Möllmann	TSV Bocholt	TM50	11	0:40:06 (73)	2:59	2:39:31 (61)	2:10	1:44:43 (53)	5:09:29
54	349	Jörg Esser	Triathlon Team Indeland	TM45	10	0:39:09 (60)	2:53	2:38:06 (53)	2:03	1:48:08 (59)	5:10:20
55	419	Daniel Kroesen		TM35	13	0:45:44 (119)	2:58	2:40:33 (64)	2:32	1:40:15 (39)	5:12:03
56	404	Martin Wissing	TSV Bocholt	TM55	1	0:38:07 (53)	2:57	2:36:49 (48)	2:26	1:51:47 (71)	5:12:06
57	421	Michael Hegemann	ETuS Rheine	TM55	2	0:46:28 (124)	2:41	2:41:26 (67)	1:09	1:40:38 (42)	5:12:22
58	369	Jan Niklas Lindtner		TM25	2	0:44:10 (105)	4:51	2:41:01 (65)	1:31	1:42:08 (44)	5:13:41
60	322	Thorsten Kräher	TV Werne 03 Wasserfreunde eV	TM40	14	0:39:43 (67)	2:04	2:34:29 (45)	2:06	1:58:49 (86)	5:17:10
61	428	Sebastian Buss		TM45	12	0:33:21 (23)	4:01	2:49:05 (87)	1:41	1:49:42 (64)	5:17:50
62	316	Daniel Tiggelbeck	SpVgg. Sterkrade-Nord 1920/25 e.V. - Nordtriathleten OB	TM35	14	0:34:51 (33)	2:55	2:37:07 (49)	1:29	2:03:57 (97)	5:20:19
63	420	Rolf Gehlhaar		TM50	12	0:35:12 (38)	3:05	2:41:48 (70)	2:03	1:58:15 (84)	5:20:22
64	477	Sebastian Stock		TM40	15	0:46:35 (126)	3:51	2:40:08 (63)	1:33	1:51:04 (70)	5:23:09
65	399	Mirco Auberger		TM35	15	0:44:51 (113)	3:37	2:38:23 (55)	2:05	1:52:16 (72)	5:23:12 *
66	379	Maik Passerschroer		TM40	16	0:40:42 (76)	4:16	2:47:36 (81)	2:50	1:48:17 (60)	5:23:41
67	390	Harry Oosterveen	RTC Den Haag	TM55	3	0:46:17 (123)	4:19	2:41:22 (66)	4:02	1:48:46 (61)	5:24:45
68	350	Chrstian Tißen	TRC Essen 84	TM35	16	0:33:11 (20)	3:05	2:44:17 (75)	3:31	2:02:42 (94)	5:26:45
69	431	Bastian Beckers		TM40	17	0:42:33 (87)	3:18	2:48:35 (85)	1:54	1:50:41 (66)	5:27:02
70	323	Jörg Diekmann	Triathlon Team Düsseldorf	TM40	18	0:39:28 (65)	2:39	2:45:51 (78)	1:53	1:56:25 (81)	5:28:15 *
71	352	Raphael Kampshoff	Team Erdinger Akoholfrei	TM45	13	0:44:20 (110)	4:13	2:41:51 (71)	1:58	1:56:47 (82)	5:29:09
72	326	Andreas Hedwig	Marathon und Triathlon Mülheim	TM40	19	0:33:50 (30)	2:09	2:43:29 (74)	3:10	2:07:00 (104)	5:29:37
73	429	Sascha Lorenz	TriFun Kleve	TM45	14	0:37:05 (49)	3:21	2:51:23 (95)	1:41	1:56:13 (79)	5:29:43

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74	486	Dennis Banning	Team Essen 99	TM35	17	0:44:12 (106)	3:43	2:55:25 (109)	2:11	1:45:34 (55)	5:31:03
75	465	Pascal van den Bosch	RTC Den Haag	TM30	7	0:36:44 (48)	7:18	2:48:18 (84)	4:03	1:55:20 (77)	5:31:44
76	406	Roland Pisch		TM50	13	0:43:23 (100)	4:42	2:51:25 (96)	4:09	1:49:14 (62)	5:32:52
77	455	Marc Rosin	SV Blau-Weiß Bochum	TM45	15	0:42:50 (92)	2:05	2:53:38 (102)	1:24	1:54:13 (75)	5:34:08
78	494	Markus Perolles	Reeser SC Triathlon	TM50	14	0:44:37 (112)	3:12	2:46:11 (80)	2:22	1:57:49 (83)	5:34:09
79	355	Pascal Heming	SV Delphin Dorsten	TM30	8	0:38:18 (55)	3:35	2:50:10 (93)	1:48	2:00:48 (90)	5:34:38
80	347	Thomas Heyer	ASV Süchteln	TM55	4	0:43:19 (99)	2:35	2:45:57 (79)	2:40	2:00:26 (88)	5:34:57
81	454	Tilo Wiedera		TM30	9	0:40:24 (75)	2:59	2:45:06 (76)	1:35	2:05:17 (102)	5:35:21
82	448	Sebastian Bauer	Moerser TV Triathlon	TM50	15	0:33:36 (28)	2:44	2:53:00 (99)	2:39	2:03:36 (96)	5:35:36
83	371	Jens Hahn	SV Sonsbeck	TM55	5	0:41:57 (85)	4:13	2:55:18 (107)	2:17	1:52:20 (73)	5:36:04
84	508	Michael Garcia	TSV Bocholt	TM55	6	0:39:11 (61)	3:28	2:39:14 (59)	2:41	2:09:44 (106)	5:36:19 *
85	512	Dennis Elsweier	Eintracht Frankfurt Triathlon e. V.	TM40	20	0:37:52 (52)	3:08	2:48:05 (82)	2:11	2:03:33 (95)	5:36:49 *
86	469	Udo Koopmann	Reeser SC Triathlon	TM55	7	0:41:30 (82)	2:54	2:49:30 (90)	2:29	2:00:48 (91)	5:37:11
87	360	Benjamin Wolfertz		TM35	18	0:42:55 (94)	4:55	3:02:55 (121)	3:03	1:44:38 (52)	5:38:27
88	383	Bernd Cerfontaine	TV Aldekerk	TM50	16	0:35:23 (40)	3:07	2:41:41 (68)	1:33	2:17:04 (115)	5:38:48
89	341	Martin Niehuis		TM25	3	0:44:15 (108)	4:14	2:54:24 (105)	2:34	1:54:37 (76)	5:40:05
90	520	Dr. Jörg Siegel	Siegel Triathlon Team	TM70	1	0:51:21 (138)	4:52	2:53:50 (103)	3:13	1:47:40 (57)	5:40:56
91	361	Thomas Meisen		TM30	10	0:41:09 (79)	3:30	2:49:22 (88)	2:14	2:04:55 (100)	5:41:10
92	422	Christian Nienhaus	AusdauerTEAM-Vreden e. V.	TM50	17	0:45:35 (117)	3:19	2:49:51 (91)	1:25	2:01:17 (93)	5:41:26
93	439	Andreas Willuweit	TriAs Hamm	TM55	8	0:32:41 (15)	3:06	2:57:58 (113)	3:41	2:04:36 (98)	5:42:01
94	389	Anestis Pataridis		TM50	18	0:45:31 (116)	4:25	2:56:39 (110)	5:19	1:50:55 (67)	5:42:48
95	358	Niklas Schmitz		TM30	11	0:47:14 (128)	3:45	2:49:52 (92)	1:55	2:00:15 (87)	5:43:01
96	385	Martin Brudereck	Sparta 4 fun	TM55	9	0:51:17 (137)	3:53	3:03:49 (123)	1:31	1:43:07 (47)	5:43:37
97	461	Dieter Tichelofen	Erdinger Alkoholfrei Team	TM50	19	0:49:07 (133)	4:59	2:52:30 (97)	1:49	1:58:31 (85)	5:46:56
98	313	Stephan Ringendahl	ASV Süchteln	TM50	20	0:45:30 (115)	3:27	2:50:20 (94)	3:23	2:04:49 (99)	5:47:28
99	309	Yannick van Heek	Allround Triathlon Team Kleve	TM30	12	0:40:45 (77)	3:36	3:08:45 (128)	2:13	1:52:46 (74)	5:48:05
100	325	Raphael Bonnaud	RTC Den Haag	TM45	16	0:40:50 (78)	2:50	3:15:26 (133)	1:13	1:51:03 (69)	5:51:21
101	453	Rogelio Elizondo		TM30	13	0:48:00 (130)	4:26	2:38:37 (56)	2:57	2:18:01 (117)	5:52:02

## Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
102	381	Michael Bross	RWO Endurance Team	TM40	21	0:46:31 (125)	4:19	2:57:51 (112)	2:37	2:00:47 (89)	5:52:05
103	521	Sebastian Mallach		TM40	22	0:44:28 (111)	2:07	2:39:51 (62)	4:14	2:24:44 (120)	5:55:23
104	468	Olivier Zimmer	RWO Endurance Team	TM55	10	0:38:39 (58)	4:14	2:53:10 (100)	2:16	2:17:18 (116)	5:55:37
105	348	Ramon Jose Barral Farto	Ute Mückel Triathlon e.V.	TM50	21	0:44:15 (108)	3:32	2:55:20 (108)	2:11	2:10:42 (109)	5:56:00
106	511	Bruns Stephan	SG Borken	TM55	11	0:41:20 (80)	5:09	2:57:22 (111)	2:01	2:11:01 (110)	5:56:54
107	504	Stefan Gawlick	SV Blau-Weiß Bochum	TM45	17	0:46:14 (121)	2:44	2:53:18 (101)	2:27	2:12:34 (114)	5:57:16
108	393	Frank Köhler	Triathlon Team Ratingen 08	TM50	22	0:50:19 (135)	3:47	2:55:16 (106)	2:37	2:05:54 (103)	5:57:54
109	384	Marc Sobaszekiewicz	LP Racing-Team	TM30	14	0:40:02 (72)	4:10	2:48:58 (86)	2:48	2:22:06 (119)	5:58:04
110	380	Klaus Brinkmann	ETuS Rheine	TM55	12	0:41:28 (81)	3:53	2:58:57 (116)	2:40	2:11:07 (111)	5:58:04
111	331	Dominik Poncette		TM40	23	0:55:24 (139)	3:45	3:02:06 (117)	2:06	1:55:29 (78)	5:58:49
112	503	Matias Patricio PIZARRO BUSTAMANTE	SV Blau-Weiß Bochum	TM35	19	0:42:36 (89)	3:41	3:19:38 (136)	3:04	1:50:04 (65)	5:59:03
113	506	Bart Smits		TM35	20	0:39:32 (66)	5:50	3:03:16 (122)	3:11	2:09:06 (105)	6:00:56
114	344	Olaf Semmler	Be Strong für Kids	TM45	18	0:45:39 (118)	4:14	2:58:53 (115)	2:31	2:12:19 (112)	6:03:34
115	311	Jordi Braam		TM30	15	0:39:46 (68)	3:51	3:08:29 (127)	2:55	2:10:30 (107)	6:05:31
116	493	Martin Pyka		TM45	19	0:43:09 (98)	3:25	2:49:24 (89)	2:40	2:28:04 (122)	6:06:42
117	500	Manni Suck	TV Einigkeit Langenberg	TM65	1	0:45:15 (114)	4:21	3:09:58 (131)	2:28	2:05:12 (101)	6:07:13
118	417	Christian Jäger		TM35	21	0:48:30 (131)	8:32	3:08:51 (129)	4:13	2:00:52 (92)	6:10:57
119	414	Markus Hoefer	Team Essen 99	TM45	20	0:47:21 (129)	4:36	3:22:10 (138)	2:23	1:56:14 (80)	6:12:44
120	321	Berthold Krasenbrink	RTC Den Haag	TM50	23	0:50:04 (134)	3:49	2:58:50 (114)	2:07	2:18:48 (118)	6:13:38
121	367	Klaus Stephanblome	Marathon Steinfurt	TM55	13	0:49:04 (132)		( )		2:10:42 (108)	6:13:52
122	408	Mischa Krammer	Styrumer TV	TM50	24	0:38:22 (56)	4:04	3:18:26 (135)	3:11	2:12:28 (113)	6:16:31
123	388	Marco Zonneveld	RTC Den Haag	TM55	14	0:46:09 (120)	7:46	2:54:01 (104)	5:21	2:27:04 (121)	6:20:20
124	491	Tonny Bouman	Triathliem	TM60	1	0:36:26 (47)	3:54	3:04:54 (126)	6:41	2:39:54 (126)	6:33:49 *
125	435	Shing Wong	RTC Den Haag	TM50	25	0:46:49 (127)	5:26	3:09:00 (130)	2:55	2:30:30 (123)	6:34:40
126	458	Tjeerd de Vries		TM45	21	0:43:36 (102)	4:27	3:02:07 (118)	4:42	2:40:54 (128)	6:35:46
127	502	Michael Hinze		TM35	22	0:41:34 (83)	3:39	3:17:40 (134)	4:52	2:31:38 (124)	6:39:22
128	319	Frank Nüsse	Funtastic Four	TM50	26	0:43:57 (104)	4:54	3:14:15 (132)	4:38	2:45:45 (129)	6:55:27 *
129	518	Marcellino Darcangelo		TM55	15	0:55:29 (140)	5:33	3:20:50 (137)	5:01	2:40:32 (127)	7:07:25



# Mitteldistanz

Männer / Frauen Wertung

**Bocholt, 11. Juni 2023**



## Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
130	426	Ernst Paar		TM50	27	0:51:07 (136)	6:01	3:30:54 (139)	3:00	2:36:25 (125)	7:07:26
131	513	Ludolf Kerkhof	Lauftreff Haldern	TM60	2	1:02:17 (141)	3:57	3:33:12 (140)	4:12	3:13:59 (130)	7:57:37
DNF	317	Marius Diekmann	Tri Finish Münster	TM45	11	( )		( )		( )	5:16:10
DISQ	318	Alexander Kättner	VT Triangel Kempen	TM45		0:32:39 ( )	1:48	2:41:48 ( )	2:11	( )	
DISQ	315	Frank Niehues	Marathon Ibbenbüren	TM50		0:41:02 ( )	3:13	2:50:57 ( )	2:12	0:26:43 ( )	4:04:06
DISQ	519	Peter Benders	RTC Den Haag	TM55		0:48:22 ( )	5:32	3:10:02 ( )	4:45	2:18:38 ( )	6:27:19